



**SYSTEMATIC INSTITUTE OF  
ECONOMIC RESEARCH & DEVELOPMENT**

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To  
The HOD/ Heads of Personnel/Admin/Vigilance/HRD  
All the Govt. Deptts, Autonomous Bodies & PSUs  
Chairmen/CMDs/CEOs of Ports, Boards, Public Sector Banks,  
Insurance Corporation and other Financial Institutions

**Online Interactive Live Training Program On  
"PLANNING FOR HAPPY RETIREMENT LIFE"  
Date 19<sup>th</sup> & 20<sup>th</sup> December 2024**

Sir/Madam,

Greetings from **Systematic Institute of Economic Research & Development (SIERD)** New Delhi.

Our Institute has been organizing premier training programmes on application, interpretation and evaluation of statutory rules on Service, Finance matters and Human Resources in Government, Semi-Government organisations and Autonomous Bodies handled by a team of competent and dedicated trainers. Based on the requirements received from our client organizations, we are organizing the below mentioned online training program.

**ABOUT PROGRAMME:-**

The Retirement in one of the most important life events many of us will ever experience. From both a personal and financial perspective, realizing a comfortable retirement is an extensive process that takes sensible planning and years of persistence. Even once it is reached, managing our retirement is an ongoing responsibility that lasts throughout our life.

While all of us would like to retire comfortably, the complexity and time required to build a successful retirement plan can make the whole process seem daunting. However, it can often be done with sound planning and a long-term commitment.

**WHO SHOULD ATTEND:-**

In General the Executive who are at the end of their current career and desire to have a meaningful retirement. This programme will be useful for senior and middle level Executive / Managers from Public and Private Sector, Central and State Government Department, Public Utility and Service Sector. Public Administration and Cooperative Sector & **any Official Retiring within Five year.**

**FACULTY:-** The Sessions will be conducted by highly experienced faculty on interactive and live basis online. Individual questions/doubts and their clarifications would be encouraged.

**DATE & TIMING:-**

It will two days online Interactive live training programme from 19-20 December 2024 and will be held from 10AM to 1PM (Per training day)

## COURSE OUTLINE:-

- Guidelines for settlement of medical claims after retirement
- Benefits of Retirement Planning
- Issues in Superannuation: Managing the transition
- Managing Change & Coping with stress
- Holistic Approach to Health & Happiness
- Retirement Financial Planning
- Managing Relationship
- Time Management
- Share experience

## FEE:-

**INR 5000 + 18% GST = INR 7670/-** Per participant online training program. Fees includes training material (soft copy), participant's certificate etc.

**GROUP DISCOUNT: - Rs.500/-** per participant if 4 or more participants from one organization.

## LAST DATE: -

Last Date of Accepting nominations is 16.12.2024. Nomination can also be forwarded after the last date on Enquiry/Confirmation.

## NOMINATION: -

The Organization may please send the nominations stating the participants Name, Designation, their Mobile No. and Contact No. & e-mail ID. Kindly also provide GSTIN of your organization at time of Nomination. For making payment through DD/Cheque/NEFT/Pay Order/PFMS/IMPS/RTGS drawn in favor of “**Systematic Institute of Economic Research & Development**” payable at New Delhi. NEFT payment may be made direct to Current **A/c No. 62310200000135 (IFSC Code BARB0VJMAYA, MICR No. 110012391) Bank of Baroda, Mayapuri Branch, New Delhi** under intimation by email. PAN No. BXPPK7937K **GSTIN-07BXPPK7937K1ZN**

Since limited seats are available for the present workshop, nominations will be accepted on first-cum-first-serve basis. Nomination once confirmed cannot be cancelled; however substitution of participant is permissible. In case nominated participant is not able to attend the workshop due to any reason and no substitution is made, fees shall be payable.

You are requested to kindly nominate officers and executives for the present workshop at the earliest and draw maximum benefit from this opportunity.

We shall be glad to accommodate the nominations from your organization.

**Neeraj Kumar**

**Program Coordinator**

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